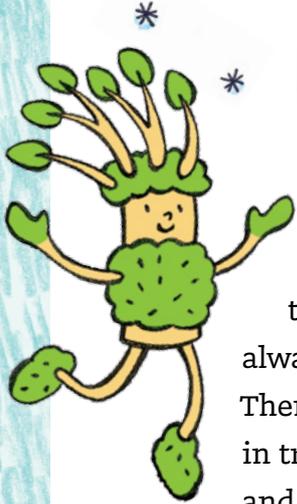


# TAKE ME OUT

LET'S LEARN OUTSIDE!

WINTER  
2

## HOW TO STAY WARM IN WINTER



Children, do you know how to stay warm in winter? If your answer was wearing warm clothes, you are right! And do you know how birds protect themselves in the winter? They don't have the same options as people. They are protected by their feathers that do not always help in severe frosts. Therefore, some species hide in trees during frosty nights, and others survive the frost in the lee between the twigs, but there are also some that sleep together in groups next to each other and thus warm each other up.



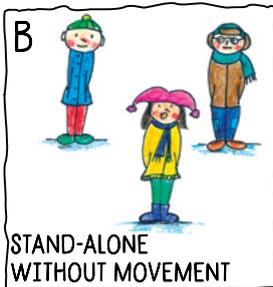
The weather in winter is usually cold. That's why I decided to focus on how to protect ourselves from the freezing weather so that you don't feel cold.

Here are some tips for you on how to stay warm. However, not all of them can help you.

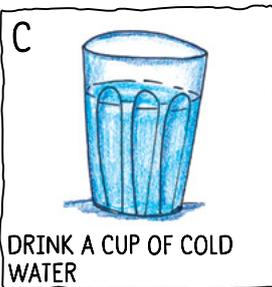
Think about them and write in the Record Card which should be effective, and which should not.



A  
STAND IN A GROUP AND HUG EACH OTHER



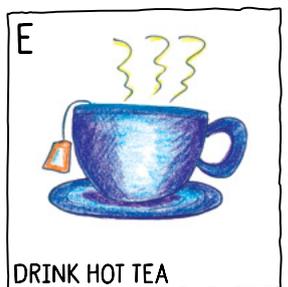
B  
STAND-ALONE WITHOUT MOVEMENT



C  
DRINK A CUP OF COLD WATER



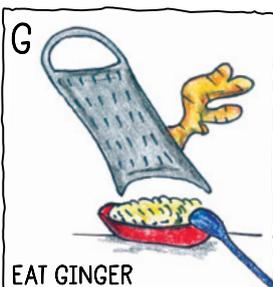
D  
MOVE AROUND



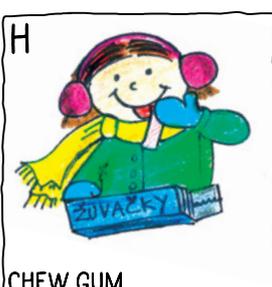
E  
DRINK HOT TEA



F  
STAND IN ONE PLACE



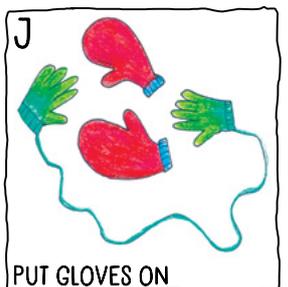
G  
EAT GINGER



H  
CHEW GUM



I  
STAND ON ICE WITHOUT GLOVES



J  
PUT GLOVES ON

# RECORDING CARD



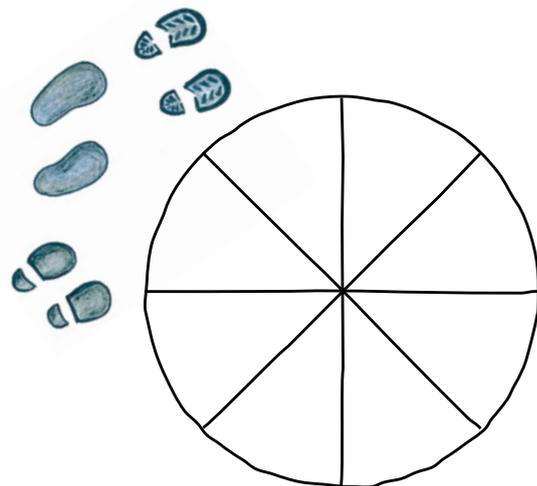
IDENTIFICATION OF TIPS THAT WORK					
IDENTIFICATION OF TIPS THAT DO NOT WORK					

WHAT ELSE CAN YOU DO TO WARM YOURSELF UP IN THE WINTER?

## CATCH ME IN THE SNOW:



First, draw a large circle (ideally with a diameter of 8 meters). From the centre, create 8 paths towards its perimeter. In the middle there will be a "safe booth", in which the chase begins, and at the same time you can hide in it at any time from the cat, which is chasing all the birds around. Everyone can only run on the paved paths. The higher the snow, the more fun.



## FINALLY SPEAK ABOUT WHAT HAVE YOU LEARNT:

HOW CAN BIRDS PROTECT THEMSELVES FROM THE COLD?

HOW CAN WE PROTECT OURSELVES IN THE WINTER FROM THE COLD?

HOW SHOULD WE DRESS?

IF YOU WERE A BIRD, WOULD YOU MIGRATE/ FLY TO WARM COUNTRIES OR WOULD YOU STAY AT HOME? WHY?



Co - funded by the ERASMUS+ programme of the European Union. The European Commission's support for the production of this paper does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

